

Article 6: Massage Technician Regulations
(*Editors note: Title added 8-9-1988.*)

Division 1: Massage Technicians
(*"Massage Technicians"*
added 6-2-1976 by O-11848 N.S.)

§46.0101 Purpose and Intent

It is the purpose and intent of this division to establish certain minimum standards for the administration of commercial massages in the City of San Diego to protect the public health, safety and welfare of the citizens of the City of San Diego.
(*"Purpose and Intent" added 6-2-1976 by O-11848 N.S.*)

§46.0102 Definitions

Whenever used in this division the following words and phrases shall mean:

- (a) "Massage" shall mean any method of pressure on, or friction against, or stroking, kneading, rubbing, tapping, pounding, or stimulating the external parts of the body with the hands or other parts of the body, with or without the aid of any mechanical or electrical apparatus or appliances, or with or without supplementary aids such as rubbing alcohol, liniments, antiseptics, oils, powder, creams, lotions, ointments or other similar preparations commonly used in this practice.
- (b) "Massage Technician" shall mean any person who gives or administers to another person, for any form of consideration whatsoever, a "massage" as defined in this division.

(*"Definitions" added 6-2-1976 by O-11848 N.S.*)

§46.0103 Massage Technician Qualifications

It shall be unlawful for any person to act as a massage technician unless such person is able to furnish upon request to any San Diego County Health Officer or Police Officer a diploma or certificate or graduation from a school or institution of learning which has for its purpose the teaching of the theory, method, profession or work of massage, which school requires a residence course study of not less than one hundred (100) hours to be given in not more than three (3) calendar months before the student shall be furnished with a diploma or certificate of graduation from such school or institution of learning following the successful completion of such course of study or learning,

and which school has been approved by the State Superintendent of Public Instruction pursuant to the California Education Code, Section 29025.

(“Massage Technician Qualifications” added 6-2-1976 by O-11848 N.S.)

§46.0104 Exemptions

This division shall not apply to:

- (a) Physicians, surgeons, nurses, chiropractors, osteopaths, physical therapists, barbers or beauticians who are duly licensed to practice their respective professions in the State of California.
- (b) Trainers of any amateur, semi-professional or professional athlete or athletic team.
- (c) Persons who have been operating or employed as massage technicians on a regular basis for three (3) years immediately preceding the effective date of this division, provided satisfactory proof of such employment can be established.

(“Exemptions” added 6-2-1976 by O-11848 N.S.)

§46.0105 Effective Date

All persons operating or employed as massage technicians at the time this division goes into effect, unless exempt under Section 46.0104, shall have one hundred eighty (180) days to obtain a diploma or certificate from a school described in Section 46.0103.

(“Effective Date” added 6-2-1976 by O-11848 N.S.)